

Correction of distortion of a body (condition of body balance) and the shape of face with *Shinozaki's Innate Reborn therapy*

Objective

This trial is the evaluation of the effectiveness in *Shinozaki's Innate Reborn therapy* that corrects distortion of a body (condition of body balance) and the shape of one's face.

Methods

An open study was conducted to verify how distortion of a body (condition of body balance) and the shape of their face had changed. The chiropractor (Axis Inc.) treated each subject with stiffness in the shoulder, back, low back, or neck, whose body balance were distorted, to the manipulative "*Innate Reborn therapy*". We measured both before and after the therapy.

Results

15 subjects (male: 5, female: 10) were treated to the therapy for body, of which 11 subjects (male: 1, female: 10) were treated for face. Ranges of rotation of head and upper body extended significantly. Flexion and extension of arms and legs were enlarged significantly. As for subjective reporting, sense of discomfort of neck, shoulder, and low back were improved. In addition, face breadth diminished significantly.

Conclusion

Shinozaki's Innate Reborn therapy keeps distortion of a body (condition of body balance) and the shape of one's face appropriate.