

DAIRON Co.,Ltd Asahi Kaishin Toyoda Osteopathic Clinic Group  
Toyoda Manual Therapy Method Innate Revitalization Therapy

## **Improvement of the body state by Toyoda Manual Therapy Method Innate Revitalization Therapy**

### ABSTRACT

#### Objective

The purpose of this study was to verify the efficacy of Toyoda Manual Therapy Method Innate Revitalization Therapy (owned by Ryota Toyoda, DAIRON Co.,Ltd, Asahi Kaishin Toyoda Osteopathic Clinic Group) for relieving various physical discomfort and disorder of test subjects.

#### Methods

Total of 20 subjects out of enrolled 30 male and female who experienced various sort of physical discomfort and disorder on regular basis were selected for the open-label trial, conducted before and after the practice of the therapy. It measured blood flow, blood vessel age, stress level and body surface temperature by testing equipment, along with subjective responses for the evaluation.

#### Result

Significant increases in the scores of blood flow and body surface temperature, and significant decreases in blood vessel age and stress level at the same time were observed compared to the baseline. And the subjective reporting represented significant improvement in its scores as well.

#### Conclusion

Since the result suggests that Toyoda Manual Therapy Method Innate

Revitalization Therapy was effective in relieving or resolving various physical discomfort and disorder, we would like to continue the study including assessment of sample design, inspection period and method for the evaluation hereafter.